

## **Fuse Research Programme Meeting**

### *What is the impact of Ways to Wellness social prescribing? Findings from a large-scale multi-methods study*

**Monday 11 October 2021, 12:30 to 15:15 (on the Zoom platform)**

This half-day event concludes a National Institute of Health Research (NIHR) evaluation of a social prescribing intervention for people with Type 2 Diabetes (T2D) in North East England: the UK's first multi-methods study to evaluate the impact of a social prescribing intervention.

The study aimed to evaluate the impact and costs of a community-based link worker social prescribing intervention on the health and health care utilisation of adults aged 40-74 with T2D, living in a multi-ethnic area of high socio-economic deprivation. [More information about the study here.](#)

A series of presentations will outline findings relating to health outcomes, health-related quality of life, healthcare usage, assessment of cost effectiveness and the examination of the lived experiences of those delivering and engaging with the intervention.

Participants will have the opportunity to engage in open discussion about the challenges and opportunities of social prescribing with an expert panel from academic, voluntary and community, practitioner and policy sectors.

#### **Who should attend?**

This event is aimed at anyone with an interest in social prescribing and health interventions aimed at addressing health inequalities, including colleagues in academia, public health, social care, healthcare and the voluntary and community sectors.

#### **What will I gain from this?**

A detailed understanding of the outcomes of a particular large-scale social prescribing intervention. The opportunity to engage in a discussion about social prescribing initiatives and the potential for social prescribing to impact on health inequalities.

#### **Speakers, chairs and panellists:**

The event will be introduced by Professor Suzanne Moffatt (Fuse/Newcastle University). The panel discussion will be chaired by Professor Clare Bambra (Fuse/Newcastle University).

Speakers: John Wildman (Newcastle University), Tessa Pollard (Durham University), Kate Gibson (Newcastle University), Josephine M Wildman (Newcastle University), Nicola O'Brien (Northumbria University), Bethan Griffith (Newcastle University), Stephanie L Morris (Durham University).

Panellists: Dr Stephanie Tierney (Oxford University), Dr Kerry Husk (Plymouth University), Jane Hartley (Health & Wellbeing Associate VONNE/ NE Regional Social Prescribing Facilitator NHS England) and Martin Cattermole (Head of evidence unit, Personalised Care Group, NHS England and NHS Improvement).

**Fuse Research Programmes:** Healthy Ageing and Health Inequalities

**Draft programme (details may be subject to change)**

12:30 - 12:45	Welcome, introduction, study background, context and overview	Professor Suzanne Moffatt
12:45 - 13:15	<b><i>Outcomes, costs and valuing social prescribing: quantitative findings</i></b>	Professor John Wildman Dr Josephine Wildman Dr Nicola O'Brien
13:15 - 13:45	<b><i>Experiences of social prescribing before and during the COVID-19 pandemic: ethnographies and interviews</i></b>	Professor Tessa Pollard Dr Kate Gibson Dr Bethan Griffith Dr Stephanie Morris
15 min comfort break		
14:00 - 15:00	Panel discussion and Q&A	Chair: Professor Clare Bamba  Panellists: Jane Hartley Martin Cattermole Professor Chris Drinkwater Dr Stephanie Tierney Dr Kerry Husk
15:00 - 15:15	Concluding comments - close	Professor Suzanne Moffatt